

# SUPPORT AND ADVICE

There is always someone to talk to if you have concerns about a child's safety or wellbeing, there is a Designated Safeguard Lead at each of the schools and the head of safeguarding is available for advice however if you need to make a referral please see the details below.

Local Authority	Children's Services Contact	Out-of-Hours Contact	Website
Lancashire County Council	Phone: 0300 123 6720  Email: FIS@lancashire.gov.uk	<b>Phone</b> : 0300 123 6722	Children and Family Wellbeing Service
Blackburn with Darwen	Phone: 01254 666400  Email: local.offer@blackburn.gov.uk	<b>Phone</b> : 01254 587547	Children's Advice and Duty Service (CADS)
Calderdale Council	Phone: 01422 393336 (Multi Agency Screening Team)  Email: earlyhelpadvice@calderdale.gov.uk	<b>Phone</b> : 01422 288000	Children and Young People's Services

- Lancashire County Council: For general inquiries, you can contact the Family Information Service at 0300 123 6712 or via email at <a href="#FIS@lancashire.gov.uk">FIS@lancashire.gov.uk</a>.
- **Blackburn with Darwen**: The Children's Advice and Duty Service (CADS) is the first point of contact for concerns about a child.
- Calderdale Council: The Multi Agency Screening Team (MAST) handles concerns about children during working hours, while the Out-of-Hours Emergency Duty Team covers evenings and weekends.

IF A CHILD IS IMMEDIATE DANGER, PLEASE CONTACT THE POLICE ON 999

If you have concerns about a member of staff's conduct towards a child, in the first instance, please contact the headteacher of the school. If the concern relates to the headteacher please contact the chair of governors. There is also a Local Authority Designated Officer who you can speak to, below are the details for the LADO's in each authority area of the trust.

Local Authority	LADO Contact Name	Phone Number	Email Address	Additional Information
Lancashire	Tim Booth	01772 536694	LADO.Admin@lancashire.gov.uk	Lancashire LADO Information
Blackburn with Darwen	Megan Dumpleton	01254 585184	LADO@blackburn.gov.uk	Blackburn with Darwen LADO Information
Calderdale	Sam Saxby- Brown	01422 394055	ladoadmin@calderdale.gov.uk	Calderdale LADO Information

(Please note that the LADO contact names are based on the most recent available information and may be subject to change.)

The following agencies can be contacted for advice and support for problems either at home or in school:

## INTERNET SAFETY

THINK U KNOW	Think You Know is a website you can go to that will help answer your questions and to let you know how to be safe when you are using the internet. You probably use the internet for games or to talk to friends or even to search for information – Think You Know can help you stay safe.  https://www.thinkuknow.co.uk/
IWF Internet Watch Foundation	The IWF's vision is the global elimination of child sexual abuse imagery online. They work to make the internet a safer place for all, helping victims of child sexual abuse worldwide by identifying and removing online images and videos of their abuse. Their Hotline offers a safe place for the public to report anonymously. Report content here: <a href="https://report.iwf.org.uk/en">https://report.iwf.org.uk/en</a>
CEOP	CEOP works to keep children safe from sexual abuse and grooming online. CEOP are unable to respond to reports about bullying, fake accounts or account hacking.  Report to CEOP
ChildLine 0800 1111	Childline can help you on with all sorts of problems you may be worried your child has, including mental health difficulties, any anxieties or issues you may have about your health, living situation or education.



	You can call them for free to speak to someone privately. You can contact a Childline counsellor about anything, no problem is too big or too small.  Call free on 0800 11 11 or visit www.childline.org.uk
NSPCC	The NSPCC are there to talk to you if you are worried about a child being hurt or abused by someone They are able to offer support and to take some details from about what is happening. They can also offer a counselling service to young people.  You can visit their website at <a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>

## MENTAL HEALTH AND WELLBEING SUPPORT

for better merical health	Mind are a nationwide mental health charity who are able to offer information and support for a variety of mental health issues.  Working closely with the NHS they have a wide range of resources and information on their website, including an A-Z of Mental Health, advice for helping someone else, guides to support and services and Elefriends - their online community. Everyone is affected by a mental health difficulty at some point in their lifetime and Mind are on hand to help.  Visit their website on <a href="https://www.mind.org.uk/">https://www.mind.org.uk/</a>
<b>BeWellBwD</b>	BeWell is Blackburn with Darwin's A-Z of health services including mental health.  Children and Young People's Mental Health - Be Well BWD
yourself	Children and their parents and carers can visit the <u>Bee Yourself</u> website to find answers to health and wellbeing questions and get help with worries. There is lots of information on here for young people aged 8-11, including content provided by young people for young people in BwD.
FLHT&ME your local WES hospital charity	THRIVE is child and young person centred and a needs led approach to delivering mental health services to children and young people. THRIVE has replaced a tiered service to reduce barriers accessing care. There are five categories within Thrive: Thriving, Getting Advice, Getting Help, Getting More Help and Getting Risk Support. ELCAS services are aligned to the THRIVE model of care. https://elht.nhs.uk/services/paediatrics/east-lancashire-child-and-adolescent-services
Open Minds For Children clid Young Program Coddrectes	Child and adolescent mental health services in Calderdale are delivered by a number of organisations that make up the Open Minds Partnership.  The Open Minds Partnership's approach is based on a person's individual need. It focusses on making help and support accessible through organisations working together to provide emotional health and wellbeing services  Child and adolescent mental health service (CAMHS) (Calderdale) - South West Yorkshire Partnership NHS Foundation Trust
keeth	If you are aged 10-18 (or up to 25 if you are a young person with SEND), you can access <b>KOOTH</b> . This is an online community that provides free and anonymous counselling support with a trained

practitioner. You can also get lots of information and help via the
health articles and forums provided by counsellors and young people
themselves.
Home - Kooth

### DOMESTIC ABUSE

For women and children. Against domestic violence.	Refuge Refuge are an organisation that can help you if you are experiencing violence at home. They have information on their website about who you can talk to, how you can talk to them, and what to do if you are worried.  You can visit their website at <a href="https://www.refuge.org.uk">www.refuge.org.uk</a>
DASSL Domestic Abuse Support Services Lancashire	offer a wider level of immediate support to victim-survivors of domestic abuse In Lancashire. They provide direct access to services in your area and access to 24 hour support.  DASSL – Domestic Abuse Support Services Lancashire
ewish centre	The aim of the organisation is to support people who have suffered or who are at risk of suffering domestic abuse, through the provision of support, advice and accommodation. We will work with victims and their families to secure the safety of those affected by domestic abuse and support their development so that each individual is helped to grow and fulfil their potential into the future.  Home   The Wish Centre

#### FORCED MARRIAGE





#### **PREGNANCY**

<b>∂</b> brook	If you are worried about a young person who might be pregnant, have any questions about pregnancy or know they are already pregnant and looking for support, Brook are able to help. They are a national organisation dedicated to educating young people about pregnancy and sexual health, and have many links with other support services and helplines. They also have a forum available for users to post questions and communicate with each other in a safe and supportive environment.  Visit their website at <a href="https://www.brook.org.uk/your-life/category/pregnancy">https://www.brook.org.uk/your-life/category/pregnancy</a>
family lives	Family lives offer a listening and supportive, non-judgemental service for parents. They have a lot of information on their website, including parenting advice videos and forums to chat to other families. Thy offer online parenting courses too for those wanting to be prepared for parenthood.  You can visit their website on <a href="https://www.familylives.org.uk/how-we-can-help/confidential-helpline">www.familylives.org.uk/how-we-can-help/confidential-helpline</a>

#### **HOMELESSNESS**



Shelter are able to offer housing advice to anyone who is experiencing or at risk of homelessness. You can find information on what to do about homelessness, private renting, tenancy deposits, repossession, eviction, repairs, housing benefits and council housing You can visit their website at <a href="https://www.shelter.org.uk">www.shelter.org.uk</a>

#### RADICALISATION, EXTREMISM AND TRAFFICKING



PREVENT is about safeguarding people and communities from the threat of terrorism. It is one of 4 elements of CONTES, the Government's counter terrorism strategy, aiming to stop people from becoming involved in terrorism or supporting terrorism. The Home Office works with local authorities, Multi-Academy Trusts, and a wide range of government departments and community organisations to deliver the strategy.

Please <u>click here</u> for a link to the official government document Attached is a helpful guide for parents about <u>Keeping Children and</u> Young People Safe Against Radicalisation and Extremism



STOPTHETRAFFIK are part of the Oasis family, and are dedicated to the abolition of human traffiking, including sexual exploitation, domestic servitude, labour exploitation, force marriage, organ harvesting, forced criminality, drug trade and child soldiers. On their website are resources on spotting the signs of trafficking, ways to help or get involved in what they do and a safe place to share information on trafficking if you are worried about someone or at risk yourself.

Visit their site on www.stopthetraffik.org